

# PLANNING 2021/2022

## ACQUAFITNESS

ORARIO	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
9,00		ACQUAGYM			ACQUAGYM	
9,30	ANTALGICA			ANTALGICA		
10,20	ACQUAGYM			ACQUAGYM		ACQUAGYM
12,40		ACQUAGYM			ACQUAGYM	TOTAL BODY
15,30				TOTAL BODY		
18,00					TOTAL BODY	
19,00	ACQUAPOLE		ACQUA JUMP	HYDROBIKE	HYDROBIKE	
19,20		HYDROBIKE				
19,50					ACQUAGYM	
20,00	TOTAL BODY	ACQUAGYM	ACQUAGYM			
20,10				ACQUAPOLE		
20,30					ACQUA JUMP	
21,00	HYDROBIKE	TOTAL BODY	HYDROBIKE	ACQUAGYM		
21,10						ACQUAPOLE